

THE STAGES OF ADDICTION RECOVERY



STAGE 1

Pre-contemplation



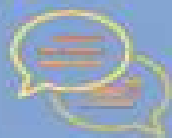
STAGE 2

Contemplation



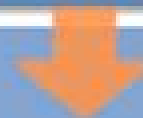
STAGE 3

Preparation



STAGE 4

Action



STAGE 5

Maintenance



Northern Illinois
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Addiction Recovery Guide

Aaron C.



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