



AILEEN LOZADA KIM



made easy







A BEGINNER'S GUIDE TO

ACUPUNCTURE & HERBAL MEDICINE

**John Ratcliffe** 

Acupuncture and Oriental Medicine (Made Easy) Bradley W. Kuhns, Ph.D., O.M.D., 2011-02-05 A book for those wanting to study acupuncture and oriental medicine techniques Acupuncture students practicing acupuncturists chiropractors Western and Eastern medicine heath care providers may find this book a good volume to add to their reference library For those that read and Dr Kuhns procedures techniques approaches and strategies they ll be amazed at how their skills will Chinese Herbal Medicine Made Easy Thomas Richard Joiner, 2001 This comprehensive guide features alphabetical listings of more than 250 illnesses information on their treatment in both Western and Chinese medicine and more than 750 herbal formulas used to treat specific complaints Flying Star Feng Shui Made Easy David Twicken, 2000 The deepest levels and closely guarded secrets of Flying Star Feng Shui are revealed MEN'S HORMONES MADE EASY!: How to Treat Low Testosterone, Low Growth Hormone, Erectile Dysfunction, BPH, Andropause, Insulin Resistance, Adrenal Fatigue, Thyroid, Osteoporosis, High Estrogen, and DHT! J.M. Swartz M.D., Y.L. Wright M.A., 2015-02-04 Learn how to prevent and reverse manopause prostate issues heart disease and cancer See how hormone issues at any age may wreck your relationship make you fat and accelerate aging and death Learn how to safely improve your sexual performance increase your energy motivation and sex drive and strengthen muscles and bones This book will show you how to create the kind of lifelong health that will allow you to pursue your passions in life You will look great feel great lose weight and have better sex Page 4 of cover Essentials Of Homeopathy-(Made Easy) Bradley Kuhns, O.M.D., Ph.D., 1988-01-10 An easy to follow guide for anyone that has the desire to use Homeopathic Medicine It is written in easy to understand terms so that alternative medicine practitioners chiropractors therapists and individuals can gain insight into the wonders of Homeopathy The book covers such things as Anatomy Physiology Etiology Body Manipulation and describes homeopathic treatment for at least 465 medical conditions Traditional Chinese Medicine Made Easy! Aileen Lozada Kim, 2020-05-20 The first acupuncture and herbal medicine guide book exclusively made easy for young readers to understand Packed with fun facts colorful illustrations quizzes and simple case studies Traditional Chinese Medicine is usually difficult for beginners to understand but finally Traditional Chinese Medicine Made Easy is a book that simplifies TCM theories useful acupressure points food therapy and tea recipes This is a great book for children who want to learn more about the body or even adults who wish to understand the basics of Traditional Chinese Medicine and want to take care of their own bodies This is a useful book to keep in the reception area of an acupuncture clinic allowing kids and adults to get a basic understanding of TCM while waiting The author Aileen Lozada Kim Traditional Chinese Medicine Practitioner turned this complicated subject into a fun and cute beginner's guide Traditional Chinese Medicine Made Easy will help you learn more about how your body works and might even inspire you to become a TCM doctor This is a great health book to add to your bookshelf Energetic Anatomy Made Easy Laurel Stuart, 2023-12-08 How do the chakras and meridians relate How can learning about the chakras

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