

-هذا الاستبيان مكون من مجموعات من العروض , رجاء قراءة كل مجموعة بدقة و بعد ذلك تختار من كل مجموعة ما يصف حالك في هذا الاسبوع بما فيه اليوم. ضع علامة حول الرقم الذي اخترته. لو كان أكثر من عرض يفي بنفس القدر فعلم على كل واحد. رجاء قراءة كل العروض في كل مجموعة قبل أن تختار.

1	0	لا أشعر الآن بحزن
	1	أشعر اني حزين
	2	أنا حزين طوال الوقت و لا أستطيع التخلص من الحزن
	3	أنا شديد الحزن و التعاسة بدرجة لا يمكن تحملها
2	0	أنا لا أشعر بالتشاؤم تجاه المستقبل
	1	أشعر بالتشاؤم تجاه المستقبل
	2	أشعر بان ليس لدي ما أتطلع اليه
	3	أشعر بان المستقبل بائس تماما و ان الأمور لن تتحسن ابدا
3	0	لا أشعر اني فاشل
	1	أشعر اني فشلت أكثر من أي شخص عادي
	2	حينما أفكر في حياتي الماضية لا أجد الا سلسلة من الفشل
	3	أشعر اني انسان فاشل تماما
4	0	أشعر بالرضا كما كنت من قبل
	1	لم أجد استمتع بالاشياء التي كانت تمتعني من قبل
	2	لم أجد في أي شئ ما يرضيني
	3	أنا مستاء و سأخط على كل شئ
5	0	لا أشعر بالذنب
	1	أشعر بالذنب في اوقات كثيرة
	2	أشعر بالذنب في معظم الاوقات
	3	أشعر بالذنب طوال الوقت
6	0	لا أشعر بانى أعاقب
	1	أشعر اني سأعاقب
	2	أتوقع انى سوف أعاقب
	3	أشعر اني أعاقب فعلا

Arabic Version Of Beck Depression Inventory

WJ Hussar



Arabic Version Of Beck Depression Inventory:

The Enigmatic Realm of **Arabic Version Of Beck Depression Inventory**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing lacking extraordinary. Within the captivating pages of **Arabic Version Of Beck Depression Inventory** a literary masterpiece penned by way of a renowned author, readers embark on a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting effect on the hearts and minds of those who partake in its reading experience.

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