



BOOMERITIS

A Novel That Will Set You Free 

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KEN WILBER

Boomeritis A Novel That Will Set You Free

Ken Wilber



Boomeritis A Novel That Will Set You Free:

Boomeritis Ken Wilber, 2003-09-09 Ken Wilber's latest book is a daring departure from his previous writings a highly original work of fiction that combines brilliant scholarship with tongue in cheek storytelling to present the integral approach to human development that he expounded in more conventional terms in his recent *A Theory of Everything* The story of a naive young grad student in computer science and his quest for meaning in a fragmented world provides the setting in which Wilber contrasts the alienated flatland of scientific materialism with the integral vision which embraces body mind soul and spirit in self culture and nature The book especially targets one of the most stubborn obstacles to realizing the integral vision a disease of egocentrism and narcissism that Wilber calls boomeritis because it seems to plague the baby boomer generation most of all Through a series of sparkling seminar lectures skillfully interwoven with the hero's misadventures in the realms of sex drugs and popular culture all of the major tenets of extreme postmodernism are criticized and exemplified including the author's having a bad case of boomeritis himself Parody intellectual slapstick and a mind twisting surprise ending unite to produce a highly entertaining summary of the work of cutting edge theorists in human development from around the world

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The World's Fearlessness Teachings R. Michael Fisher, 2010 *The World's Fearlessness Teachings* addresses the human fear problem in a truly unique and insightful way summarizing the teachings on fearlessness from around the world and throughout history The author then utilizes critical integral theory à la Wilber as an approach to categorize the developmental and evolutionary spectrum of fear management systems known thus far The author has spent twenty years researching the timely topic of fear and how to best manage and transform it From this experience he offers an educational healing vision to address the challenges of a dangerous 21st century Fear's empire has taken rule It is time to resist it using the best intelligence from both sacred and secular traditions as well as the transformational theories humanity has to offer

Fisher maps out ten fear management systems that will benefit future positive leaders everywhere **Ken Wilber** Frank Visser,2012-02-01 This is the definitive guide to the life and work of Ken Wilber widely regarded as the most comprehensive and passionate philosopher of our times In this long overdue exploration of Wilber s life and work Frank Visser not only outlines the theories of this profound thinker but also uncovers his personal life showing how his experiences influenced and shaped his writing Wilber s impressive body of work including nineteen books in more than thirty languages brings together science and religion philosophy art culture East and West and places them within the all encompassing perspective of evolution Visser s book follows Wilber s four distinct phases as he reveals not only the story behind Wilber s writing but also the man behind the ideas In recounting the course of Wilber s life and the motives that led him to the subjects he has written so much about Visser uncovers the intricacies of one of the world s most important intellectuals Included in this indispensable resource is a complete bibliography of Wilber s work **Integral Buddhism** Ken Wilber,2018-03-06 An edifying view of Buddhism from one of today s leading philosophers a look at its history and foundational teachings how it fits into modern society and how it and other world religions will evolve What might religion look like in the future Our era of evolution in social consciousness and revolution in science technology and neuroscience has created difficulties for some practitioners of the world s great spiritual traditions How can one remain true to their central teachings while also integrating those teachings into a new framework that is inclusive of ongoing discoveries Taking the example of Buddhism to explore this key question Ken Wilber offers insights that are relevant to all of the great traditions He shows that traditional Buddhist teachings themselves suggest an ongoing evolution leading toward a more unified holistic and interconnected spirituality Touching on all of the key turning points in the history of Buddhism Wilber describes the ways in which the tradition has been open to the continuing unfolding and expansion of its own teachings and he suggests possible paths toward an ever more Integral approach This work is a precursor to and condensed version of Wilber s The Religion of Tomorrow **Grace and Grit** Ken Wilber,2001-02-06 Here is a deeply moving account of a couple s struggle with cancer and their journey to spiritual healing Grace and Grit is the compelling story of the five year journey of Ken Wilber and his wife Treya Killam Wilber through Treya s illness treatment and finally death **The Religion of Tomorrow** Ken Wilber,2018-05-01 A provocative examination of how the great religious traditions can remain relevant in modern times by incorporating scientific truths learned about human nature over the last century A single purpose lies at the heart of all the great religious traditions awakening to the astonishing reality of the true nature of ourselves and the universe At the same time through centuries of cultural accretion and focus on myth and ritual as ends in themselves this core insight has become obscured Here Ken Wilber provides a path for re envisioning a religion of the future that acknowledges the evolution of humanity in every realm while remaining faithful to that original spiritual vision For the traditions to attract modern men and women Wilber asserts they must incorporate the extraordinary number of scientific truths learned about human nature in

just the past hundred years for example about the mind and brain emotions and the growth of consciousness that the ancients were simply unaware of and thus were unable to include in their meditative systems Taking Buddhism as an example Wilber demonstrates how his comprehensive Integral Approach which is already being applied to several world religions by some of their adherents can avert a cultural disaster of unparalleled proportions the utter neglect of the glorious upper reaches of human potential by the materialistic postmodern worldview Moreover he shows how we can apply this approach to our own spiritual practice This his most sweeping work since Sex Ecology Spirituality is a thrilling call for wholeness inclusiveness and unity in the religions of tomorrow

Integral Spirituality Ken Wilber, 2007-11-13 This cutting edge theory of spirituality for today's global society honors the truths of modern science and postmodern culture while incorporating the wisdom of the great world religions Applying his highly acclaimed integral approach Ken Wilber formulates a theory of spirituality that honors the truths of modernity and postmodernity including the revolutions in science and culture while incorporating the essential insights of the great religions He shows how spirituality today combines the enlightenment of the East which excels at cultivating higher states of consciousness with the enlightenment of the West which offers developmental and psychodynamic psychology Each contributes key components to a more integral spirituality On the basis of this integral framework a radically new role for the world's religions is proposed Because these religions have such a tremendous influence on the worldview of the majority of the earth's population they are in a privileged position to address some of the biggest conflicts we face By adopting a more integral view the great religions can act as facilitators of human development from magic to mythic to rational to pluralistic to integral and to a global society that honors and includes all the stations of life along the way

Trump and a Post-Truth World Ken Wilber, 2017-08-08 A provocative and balanced examination of our social and political situation in the wake of the Trump presidency by a cutting edge philosopher of our times The world is in turmoil As populist waves roil in the UK Europe Turkey Russia Asia and most visibly the U S with the election of Donald Trump nationalist and extremist political forces threaten the progress made over many decades Democracies are reeling in the face of nihilism and narcissism How did we get here And how with so much antagonism cynicism and discord can we mend the ruptures in our societies In this provocative work philosopher Ken Wilber applies his Integral approach to explain how we arrived where we are and why there is cause for hope He lays much of the blame on a failure at the progressive leading edge of society This leading edge is characterized by the desire to be as just and inclusive as possible and to it we owe the thrust toward women's rights the civil rights movement the environmental movement and the concern for oppression in all its forms This is all evolutionarily healthy But what is unhealthy is a creeping postmodernism that is elitist politically correct insistent on an egalitarianism that is itself paradoxically hierarchical and that looks down on deplorables Combine this with the techno economic demise of many traditional ways of making a living and you get an explosive mixture As Wilber says for some Trump voters Everywhere you are told that you are fully equal and

deserve immediate and complete empowerment yet everywhere you are denied the means to actually achieve it You suffocate you suffer and you get very very mad It is only when members of society's leading edge can heal themselves that a new Integral evolutionary force can emerge to move us beyond the social and political turmoil of our current time to offer genuine leadership toward greater wholeness

The Simple Feeling of Being Ken Wilber, 2004-07-13 The author of nineteen books of philosophy and psychology Ken Wilber is a pioneering thinker who has developed an integral theory of everything that embraces the truths of both Eastern spirituality and Western science Yet while he is best known for his scholarly research into the world's contemplative traditions Wilber is also an accomplished spiritual practitioner and mystic in his own right In order to highlight the personal wisdom of this popular author the editors of *The Simple Feeling of Being* have assembled a collection of inspirational mystical and instructional passages drawn from his publications These heartfelt writings born of Ken's own meditation practice and inner experiences include Poetic passages of contemplative insights and reflections Inspired descriptions of Spirit Nondual Awareness the Witness One Taste and other topics Commentary on the spiritual contributions of figures such as Ralph Waldo Emerson Saint Teresa of Avila Meister Eckhart and Ramana Maharshi Anecdotes of personal experience and glimpses into Wilber's inner world Practical spiritual instructions and guided meditations

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