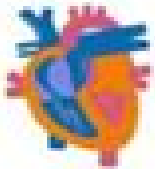


Positive Auswirkungen von regelmäßigem Sport

Schutz & Stärkung Herz-
Kreislauf-System



Verbesserung der
Blutfettwerte



Aktiver Stoffwechsel



Unterstützung der
Konzentration



Verbesserung der
Schlafqualität



Stärkung der Stressresistenz



Unterstützung der
Immunabwehr



Positiver Einfluss
auf die Stimmung



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