

Comprehensive Guide to Buddhism and Hinduism

Introduction

Buddhism and Hinduism are two of the world's oldest and most intricate religions. This guide seeks to comprehensively present significant aspects of both, comparing their philosophies, practices, and historical context to enhance understanding.

Buddhism

Core Concepts and Terms

- **Anatman:** The concept of 'no permanent self.' It implies the impermanence of all beings.
- **Siddhartha Gautama:** The founder of Buddhism, known as the Buddha.
- **Arhat:** An individual who has achieved liberation by following the Buddha's teachings.
- **Tatatha:** Refers to "suchness" or "thusness," indicating the true nature of reality.
- **Ashoka:** An emperor who converted to Buddhism and played a crucial role in spreading it.
- **Theravada:** A branch of Buddhism that preserves the Buddha's teachings in their original form.
- **Bodhisattva:** An enlightened being who chooses to help others achieve liberation rather than entering nirvana.

Fundamental Teachings

Buddhism Hinduism A Comparative Study

J.N.K. Mugambi



Buddhism Hinduism A Comparative Study:

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